

Neenah Invitational

Meet Instructions

Meet Schedule

- 4:00 The Middle School Race (6th, 7th and 8th graders will run at 2,800 meters.)
- 4:00 Open Race (Alumni and anyone else is welcome to run in the 5K race)
- 4:30 The Junior Varsity Girls Race (5,000 Meters)
- 5:15 The Glen Severson Junior Varsity Boys (5,000 Meter) Race
- 6:00 The Ron Fedenko Girls Varsity (5,000 Meter) Race
- 6:30 The Tom Jensen Boys Varsity (5,000 Meter) Race
- 7:00 Awards Presentation

Awards

- 1.) A first place plaque/trophy will be awarded in the varsity boys and girls race.
- 2.) A second place plaque will be awarded in the varsity boys and girls race.
- 3.) A third place plaque will be awarded in the varsity boys and girls race.
- 4.) The first 35 runners in the boys and girls varsity race will receive medals.
- 5.) The first ten varsity runners, along with the junior varsity champions will receive especially large medals during the award ceremony.
- 6.) A first place plaque/trophy will be awarded in the junior varsity boys and girls race.
- 7.) The first 20 runners in the boys and girls junior varsity race will receive medals.

Box Numbers For Participating Teams

Fond Du Lac (Box # 2)	Oshkosh West (Box # 3)	Kimberly (Box # 5)
Stevens Point (Box # 6)	Marquette Boys & Neenah Girls White (Box # 7)	Brookfield East (Box # 8)
Ashwaubenon (Box # 4)	Oshkosh North (Box # 10)	D.C. Everest (Box # 9)
Neenah Girls Red (Box #12)	Menasha (Box # 1)	Neenah Boys (Box #12)
Hortonville (Box # 11)		

Chip Timing

This year the Neenah Cross Country Program will be using its own cutting edge chip timing system. Please attach the chip securely to each athletes shoe using their shoelaces. Please report to the shelter any errors, additions or deletions to your roster. Athletes should also attach their corresponding bib number to the front of their uniform. Questions regarding the meet, T-Shirts and concessions can also be found in the shelter. Teams should pick up and return their chips to the shelter. Teams that fail to turn in their issued chips at the end of the meet will be charged accordingly. Contact Mike Jovanovich at 920-540-2313 if you are interested in using the timing system for your own meet or a road race that you would like to sponsor.

Scoring/Results

Each team may run as many as eight runners in the varsity race. The top five finishers from each team will be scored. The team with the lowest score wins. All results can be picked up after the meet at the shelter and will also be published on the Wisconsin Cross Country Coaches Association site, located at <http://www.wisconsinrunner.com/wcca/> or at Neenahxc.com within a few hours after the meet.

Concessions

Food, beverages and meet T-shirts will be available at the shelter. Music will be played before and during the race.

Middle School Race

In addition to junior varsity and varsity races there will be an exciting middle school competition. The 6th/7th and 8th graders will run the 2,800-meter course.

Open Race

Alumni runners, coaches, parents or anyone else who would like to participate in the open run is free to do so. The run will be held on the boy's 5,000 meter course at 4:00. Except for the first place male and female runners, places will not be recorded. Spread the word and enjoy a nice evening run. Awards will be presented to the top male and female finishers during the award ceremony.

Cross Country Course

The course is almost entirely grass and relatively flat with the exception of one steep hill. Most athletes choose to wear spikes on this course. Clocks will be posted at the 1600m mark and finish line. A bike will lead runners during the race.